

Just smile!

Hiyoshidai Junior High School

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About three years ago, there was an elementary school girl. She was a girl that had no guts. She always said, "I don't want to do it. I just want to go home and watch TV." In short, that girl had no ambition or curiosity on doing everything. Well actually, that's me three years ago.

One day, I mentioned that I was interested in musicals. It was so rare that I showed curiosity towards something, so my mother, hearing my mutter, looked for musical groups, and I joined one. But, what do you think that happens, if a poker faced girl stands on stage? My singing voice was as weak as a kitty. My acting was as stiff as a board. The director was mad at me every day. I didn't imagine that the director would be so mad at me, I was just a beginner! I wanted to give up like I had done before. But one day, the leader of the group walked up to me. It was free time and I was almost crying because the director had just got angry about my acting. "What you need is to smile, Romina! Just try to smile even though you aren't happy. Then you can make the audiences happy by showing them your smile. Go for it, you can do it!" he said. From that day, using all of my will power, I tried to lift the corners of my mouth. It was hard for me to use a muscle that I hadn't used so much. So I practiced smiling in front of the mirror every day. One day, the director finally said, "Nice smile, Romina!"

I was honestly very happy. From that lesson the director praised me, I enjoyed doing the musical more and more. At the biggest concert of the year, I could act and sing with my best smile ever. At the curtain call, when I saw the audience members from the stage, they looked so excited. That made me even happier. The smile at that time wasn't a smile where I just reluctantly lift my corner of my mouth. It was my real smile that came out from the bottom of my heart.

I noticed that a smile has a mysterious power. When we are in trouble or don't feel comfortable, if we dare to smile then we can be a little bit stronger. There is another thing I learned from my experience. Smiles can be reflected by people around, just like a yawn. Haven't you noticed that when you smile to someone, the person smiles back to you? Therefore, your smile can make someone happy. That would be wonderful. Of course, it isn't easy to move someone who has had a really sad day. But if time heals sadness a little bit, that person would like to be smiled at by people around them. That is when your smile will save the day! Let's lift up the corners of our mouths! Just by doing this, you can bring happiness to your family and your friends, not just only you!